

BLESSED

A POETIC DEVOTIONAL JOURNEY



AL PERRIN



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First Edition



DEDICATION

To the Spirit of God in us all





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Along the path of life
We all must go
Where it will take us
We really don't know

Where it all began
I really don't know
And how it all ends
We'll find out as we go

Arm and arm together
No matter what we see
On through the wilderness
Together you and me

But travel it we must
Be it easy or hard
Trusting in each other
And in a loving God

Until the day comes
When our path
Comes to an end
And we must stop and rest
And our children begin

BLESSED



My soul was in a dark place
I thirsted for your presence
I hungered for your light
But you O' Lord found me

I am grateful for your spirit
I am awed by your presence
Why has my creator
Seen fit to honor me?

Forever will I feast at your table
Forever will I drink at your cup
Forever will I bask in your light

Thank-you Lord for your love

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The Lord is good
I am his creation
I am his idea
He gave life to me
And a gift of awareness

Of myself

Of this world

And of him

I may hide from myself
The decisions I make
The decisions he sees
The decisions which make him
Weep for me

But I am glad

That whatever I do
He loves me still
And forgives me always

BLESSED



Thank-you Lord
For the air to breathe

Thank-you Lord
For the Earth and trees

Thank-you Lord
For the food to eat

Thank-you Lord
For my friends to meet

Thank-you Lord
For the family dear

Thank-you Lord
I have nothing to fear

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Springtime awakes
And all is alive
Springtime shows
That all is thine

Though winter comes
And kills the land
Springtime comes
So we may understand

That life is eternal
And so is love
And the real source of life
Comes from above

BLESSED



Oh Lord
Bless this meal
Thank-you for this table
And the bounty
Which you have provided

May it nourish my body
And my mind
And my spirit
As I partake of your
Wonderful blessings

Please bless this day
And every day
For the rest of my life